



# UNDERSTANDING BETTER THE COSMOLOGICAL BOUNDS ON NEUTRINO MASSES

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arXiv 2410.XXXXX (very soon!)



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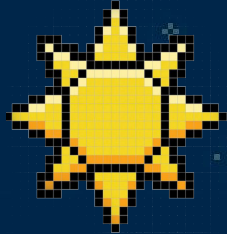




INTRO, PART 1.  
WHAT PARTICLE  
PHYSICS KNOWS

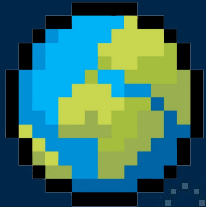


# NEUTRINO OSCILLATIONS



From solar oscillations, we know:

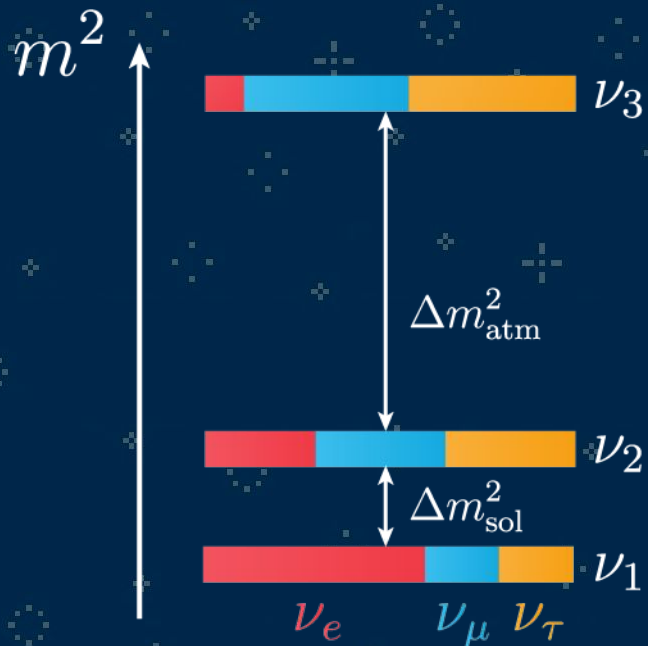
$$\Delta m_{21}^2 \equiv \Delta m_{\text{sol}}^2 = 7.41 \times 10^{-5} \text{ eV}^2$$



From atmospheric oscillations, we know:

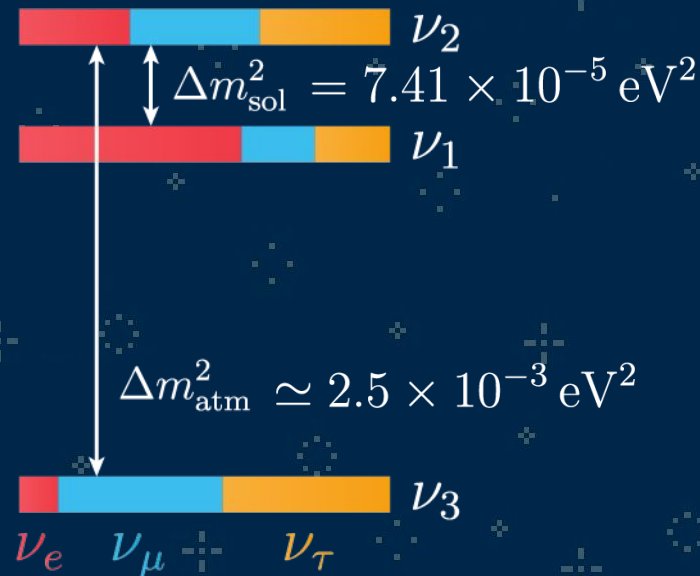
$$|\Delta m_{3\ell}^2| \equiv \Delta m_{\text{atm}}^2 \simeq 2.5 \times 10^{-3} \text{ eV}^2$$

## Normal hierarchy



$$\sum m_\nu > 0.06 \text{ eV}$$

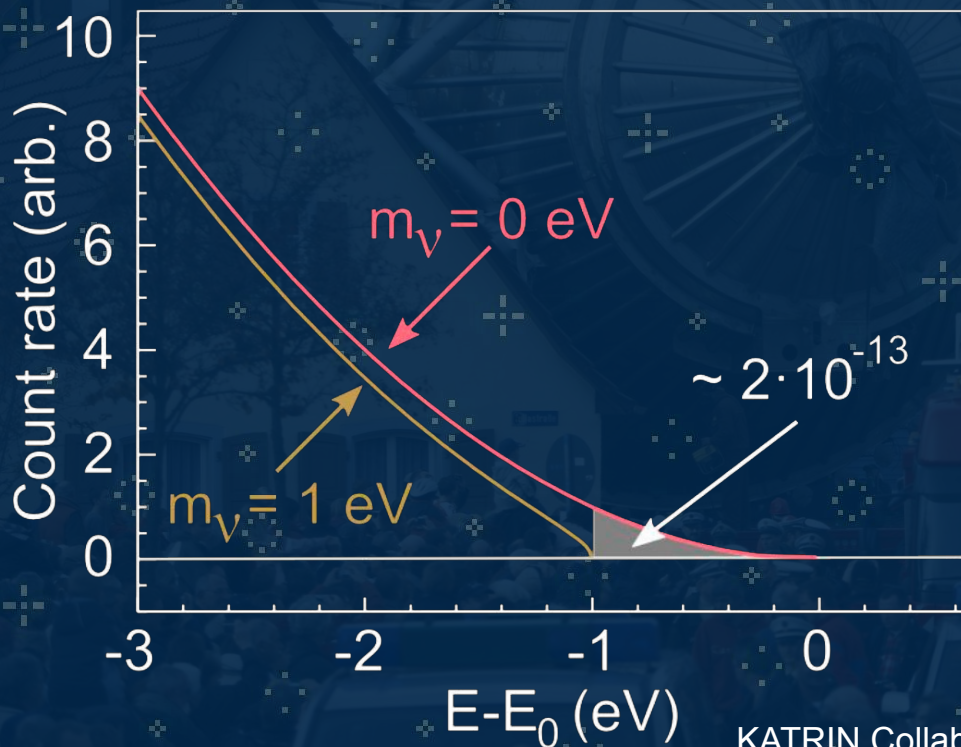
## Inverted hierarchy



$$\sum m_\nu \gtrsim 0.1 \text{ eV}$$

# KATRIN BOUNDS

From the beta decay spectrum of tritium:



$$\sum m_{\nu} < 1.35 \text{ eV} \\ (90\% \text{ C.L.})$$

**This is a *kinematic* measurement: we understand it and trust it.**

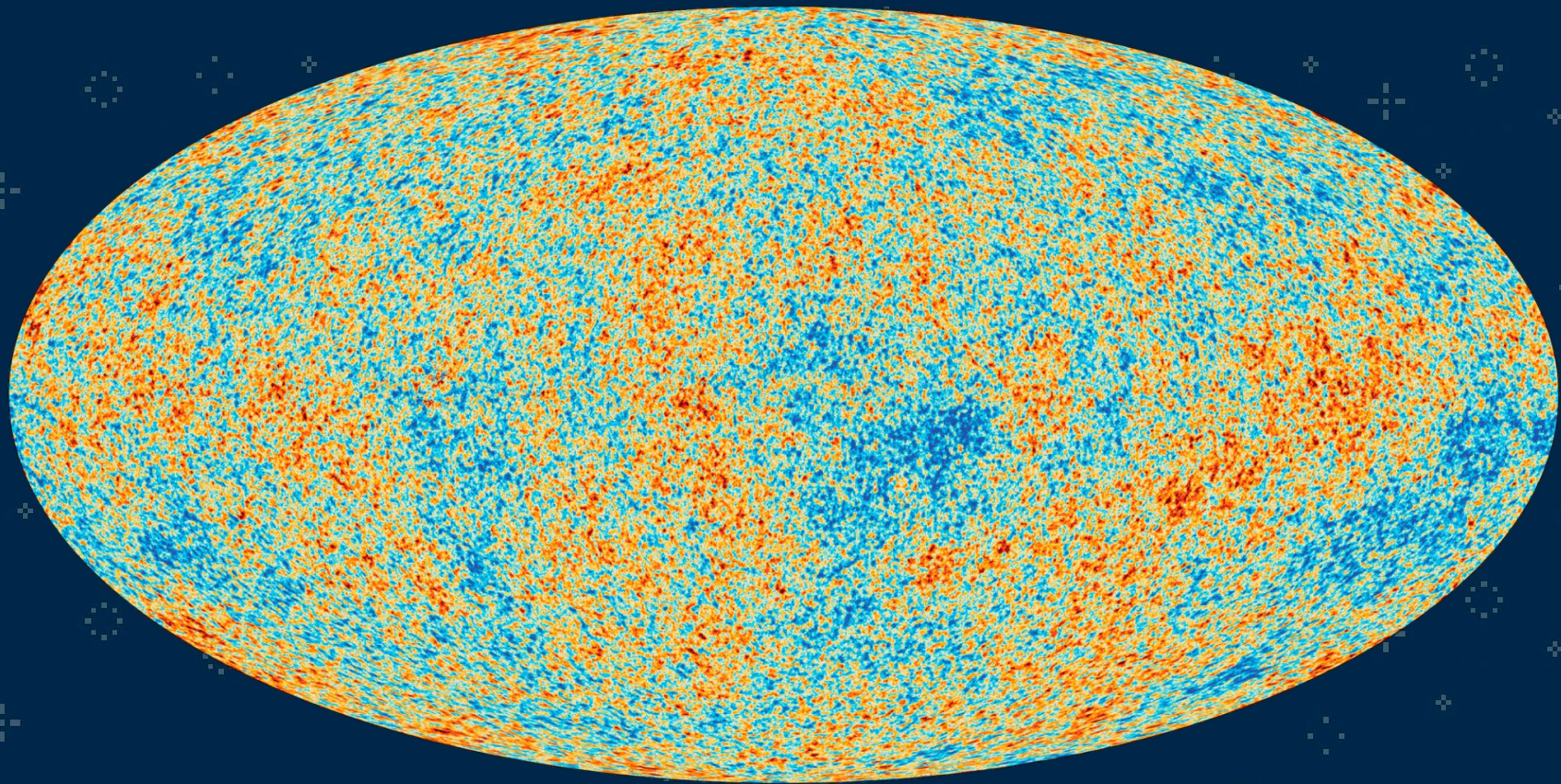




INTRO, PART 2.  
WHAT COSMOLOGY  
KNOWS







# PLANCK BOUNDS

Assuming  $\Lambda$ CDM, with  
Planck+lensing+BAOs:

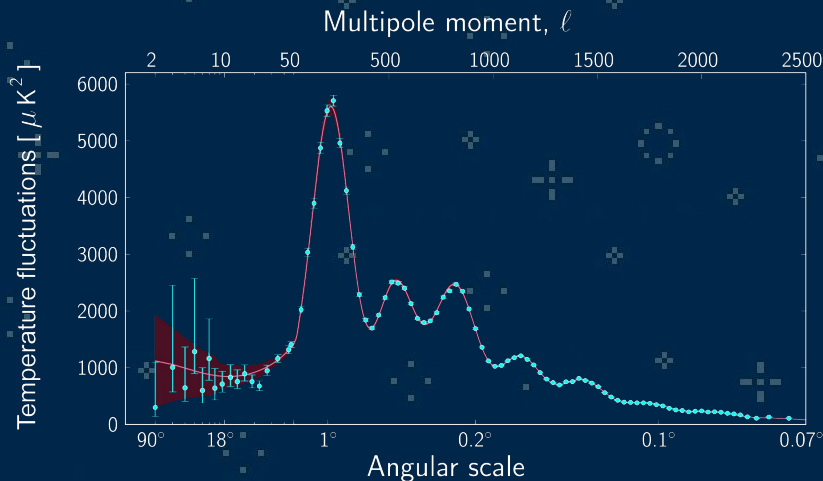
$$\sum m_\nu < 0.12 \text{ eV (95\% C.L.)}$$

Planck Collaboration, 1807.06209

Only with Planck+lensing:

$$\sum m_\nu < 0.27 \text{ eV (95\% C.L.)}$$

**What does this measurement  
actually *mean*?** Like, physically.



For brevity,  
today I only  
consider CMB  
constraints.

(w/DESI, BAO/LSS measurements are a whole thing on their own, e.g., negative neutrino masses, running cosmological constant...)

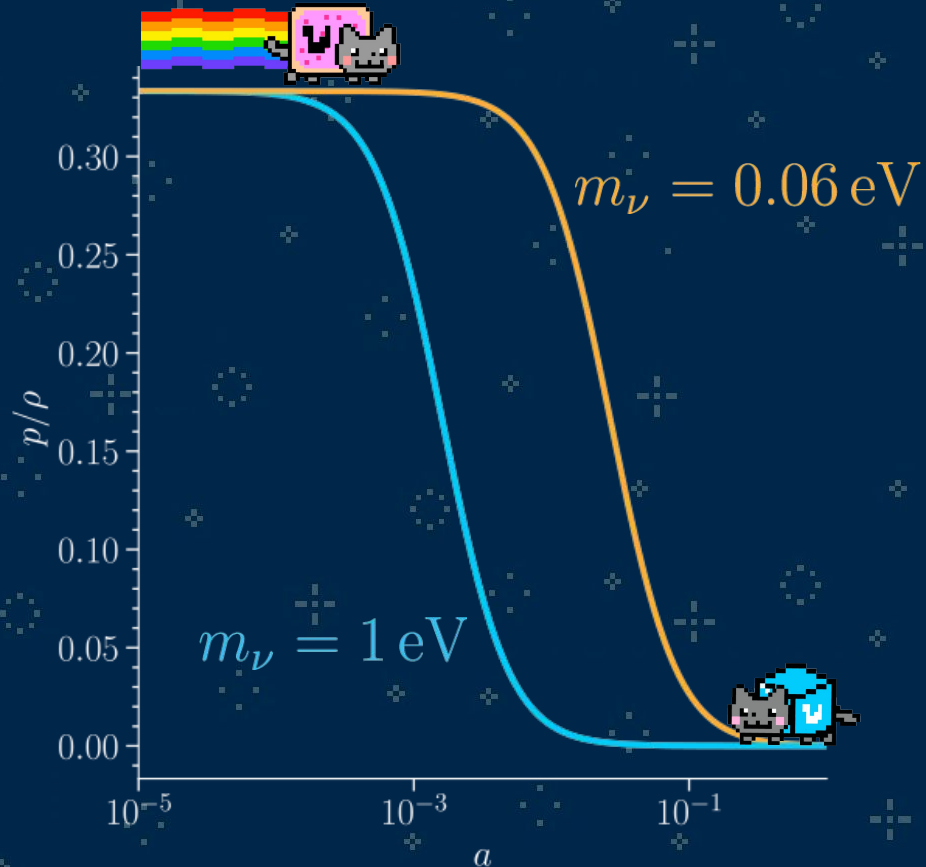


# MASS EFFECT @BACKGROUND

The neutrino mass modifies when do neutrinos transition from behaving like UR radiation to behaving like NR matter.

This modifies the pressure of the neutrino fluid, described by the **equation of state**.

$$w = \frac{p}{\rho}$$

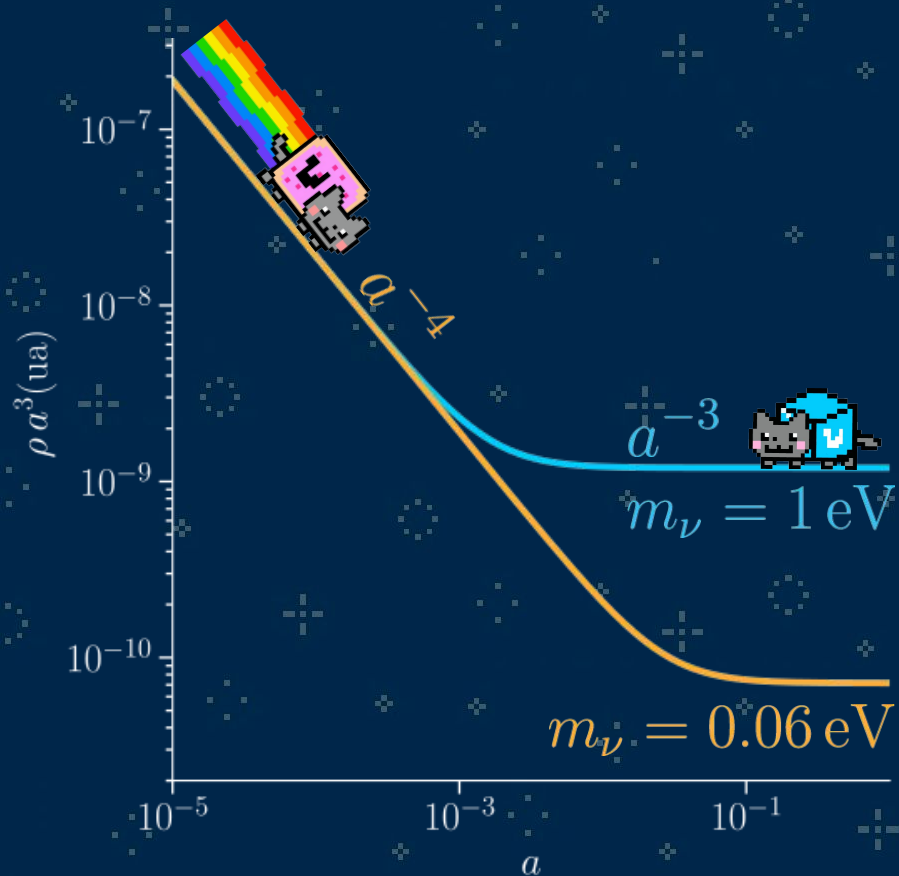


# MASS EFFECT @BACKGROUND

Modifying the equation of state modifies how does the neutrino energy density scale with the expansion of the Universe. This also affects how fast the Universe expands: more mass, larger H, faster expansion.

$$\dot{\rho} = -3H(1 + w)\rho$$

This is a *thermodynamical* (and scale-independent) effect.



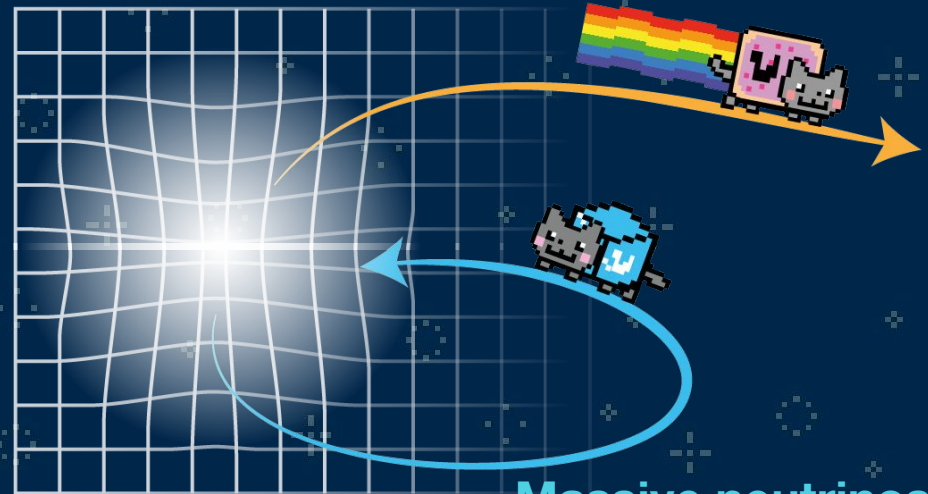
# MASS EFFECT @PERTURBATIONS

Massive neutrinos are pulled more by gravity. This is described by the **free-streaming scale**:

$$\lambda_{\text{fs}}(a) \equiv 2\pi \sqrt{\frac{2}{3} \frac{c_\nu(a)}{H(a)}}$$

For perturbation scales smaller than this scale, neutrinos free-stream and help erase inhomogeneities. For larger scales, neutrinos cluster and help increase inhomogeneities.

**Massless neutrinos  
free-stream**



**Massive neutrinos  
can cluster**

# MASS EFFECT @ PERTURBATIONS

The inhomogeneous effect of neutrino masses is described by four variables:

$$\delta \equiv \frac{\delta\rho}{\rho}$$

Density contrast

$$\theta \sim \vec{\nabla} \cdot \vec{v}$$

Velocity divergence

$$c_s^2 = \frac{\delta P}{\delta\rho}$$

Sound speed

$$\sigma$$

$$\sigma \sim -(\hat{k}_j \hat{k}_j - \frac{1}{3} \delta_{ij})(T^i_j - \delta^i_j T^k_k/3)$$

Anisotropic stress (shear)

Conservation laws fix two of them. The sound speed and the shear remain free and are fixed by a model (e.g. standard neutrinos).

$$\dot{\delta} = -(1+w)(\theta - 3\dot{\phi}) - 3H(c_s^2 - w)\delta$$

$$\dot{\theta} = -H(1-3w)\theta - \frac{\dot{w}}{1+w}\theta + \frac{c_s^2}{1+w}k^2\delta - k^2\sigma + k^2\psi$$

BACKGROUND:  
SCALE-INDEP

$\omega$

PERTURBATIONS:  
SCALE-DEPENDENT

$c_s^2, \sigma$

KEY  
POINT

These are not *direct kinematic* effects, but collective properties. Many BSM extensions can modify these properties without changing the individual kinematic mass.

### Neutrino long-range interactions

Esteban, Salvadó [2101.05804]  
Smirnov, Xu [2201.00939]

### Neutrino decay

Escudero, Schwetz, Terol-Calvo [2211.01729]  
Archidiacono, Hannestad [1311.3873]  
Oldengott, Wong et al. [2203.09075]

### Non-standard neutrino populations

Farzan & Hannestad [1510.02201]  
Alvey, Escudero & Sabti [2111.14870]...



BACKGROUND:  
SCALE-INDEP

$w$

PERTURBATIONS:  
SCALE-DEPENDENT

$c_s^2, \sigma$

KEY  
POINT

These are not *direct kinematic* effects, but collective properties. Many BSM extensions can modify these properties without changing the individual kinematic mass.

THEN...

*Can we build a measurement more robust against BSM?*  
How can particle physicists understand (and trust) better the measurement from cosmology?



# OUR WORK DISENTANGLING THE EFFECT OF $\nu$ MASSES

(as a learning tool and as a consistency check)



# DISENTANGLING THE EFFECT OF NEUTRINO MASSES ON THE CMB

Since mass is not directly observable, we have the freedom to define two parameters which disentangle observable quantities:

$$m_{\text{bkg}} \xrightarrow{\text{describes}} w \quad m_{\text{pert}} \xrightarrow{\text{describes}} c_s^2, \sigma$$

This parameterization allows to answer (at least) two questions:

1. **What is cosmology exactly measuring?** Background or perturbations?
2. **How robust is the measurement?** Both masses should point in the same direction. *If they didn't, this could be a hint of BSM Physics.*

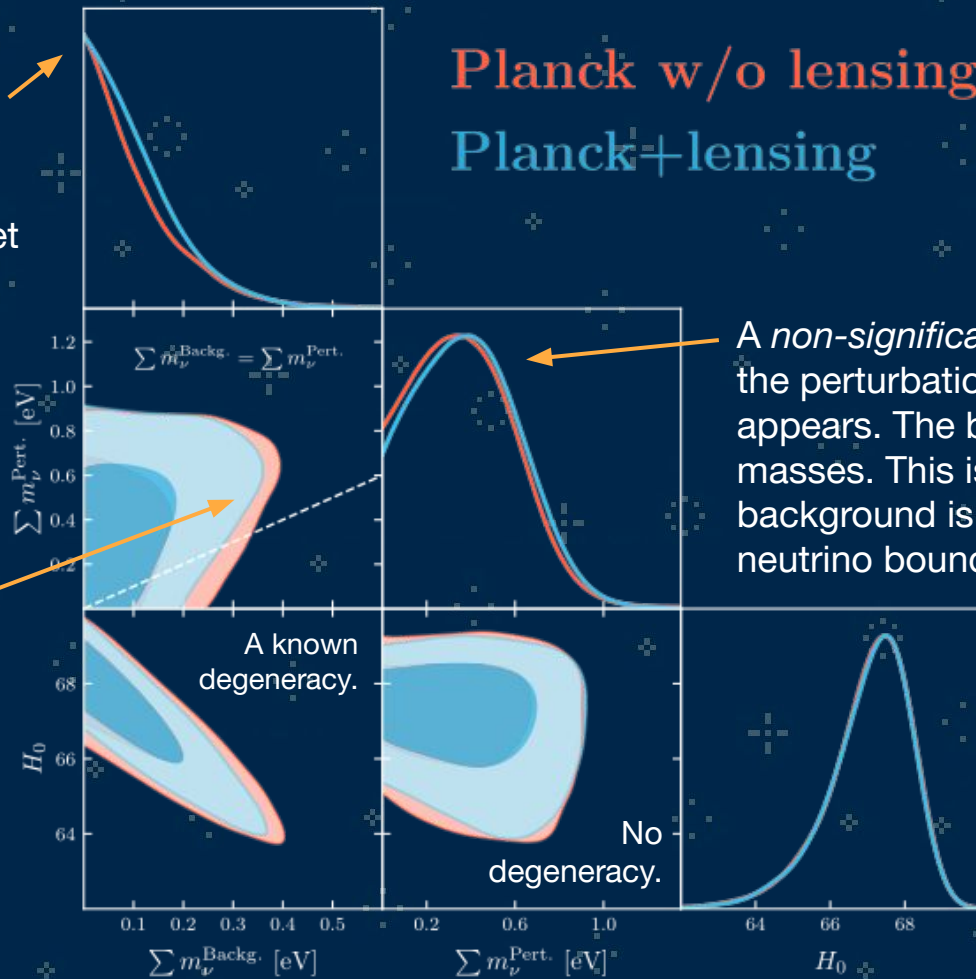


**A LOT OF  
TECHNICAL  
STUFF**

**LATER...**

The background parameter is consistent with standard results: no measurement of neutrino masses has happened yet and a similar bound is obtained.

Due to a compensation of effects, a higher background mass allows a higher perturbations mass.



A non-significant measurement of the perturbation parameter appears. The best fit is at positive masses. This is a hint that the background is driving the current neutrino bound.



# NEXT STEPS!

Explain CMB lensing in this context.

Make the code public to the community.

Understand the measurement of neutrino masses in BAO/LSS surveys in this context.

Generalize this formalism to constrain BSM.

Thanks for your attention,  
and many thanks  
to the whole team!



 [tbertolez.github.io](https://github.com/tbertolez)

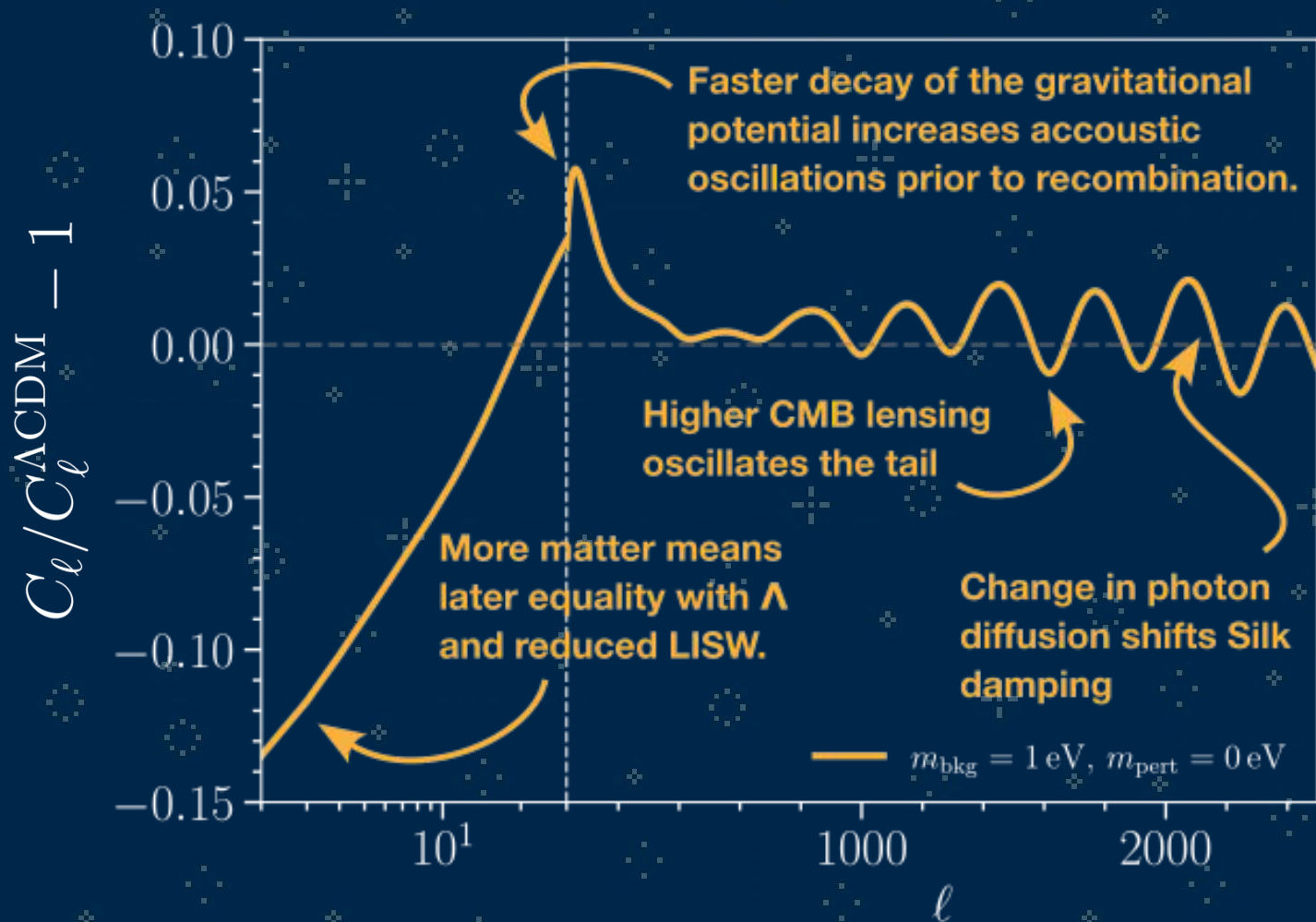
 [antoni.bertolez@fqa.ub.edu](mailto:antoni.bertolez@fqa.ub.edu)

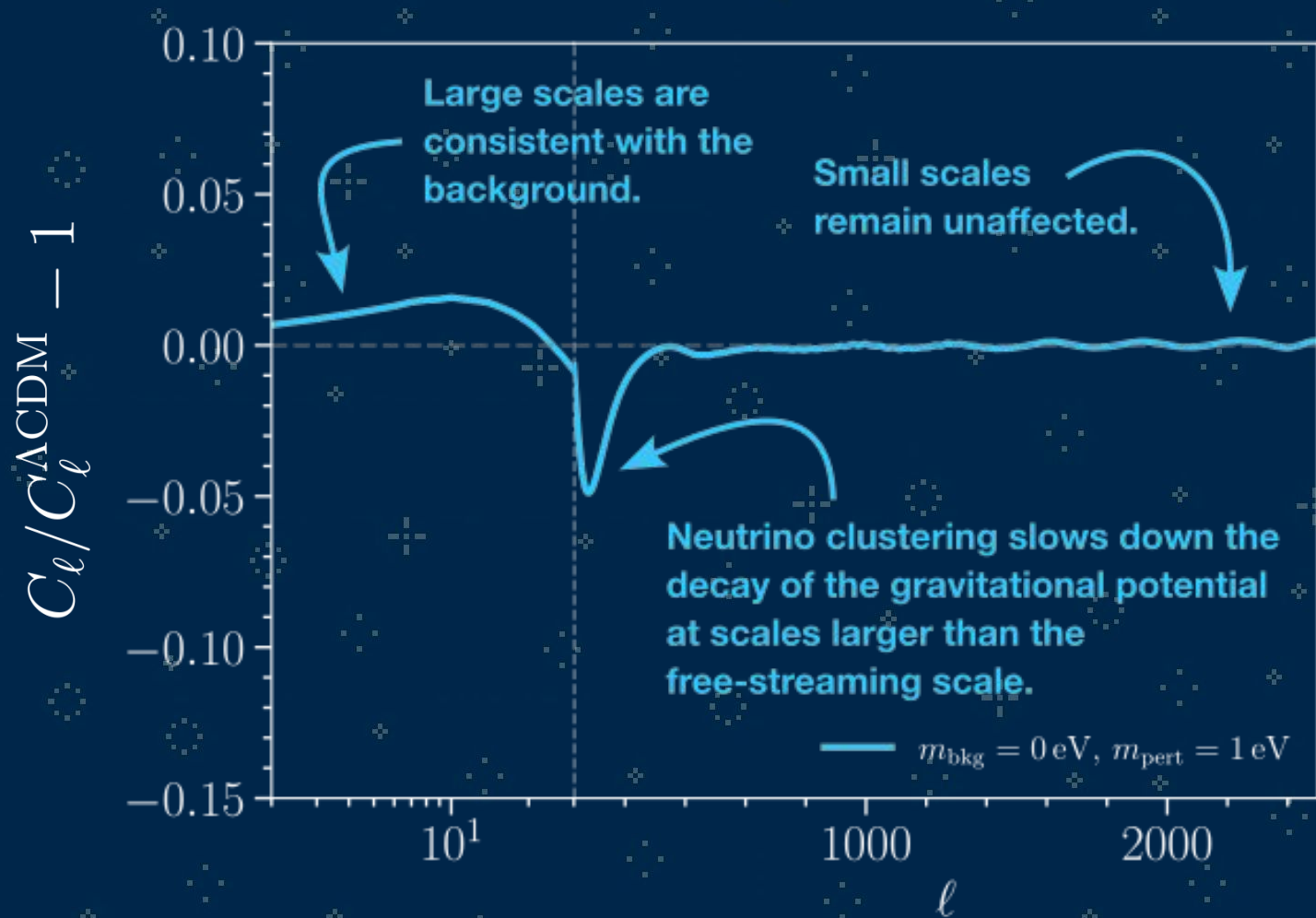


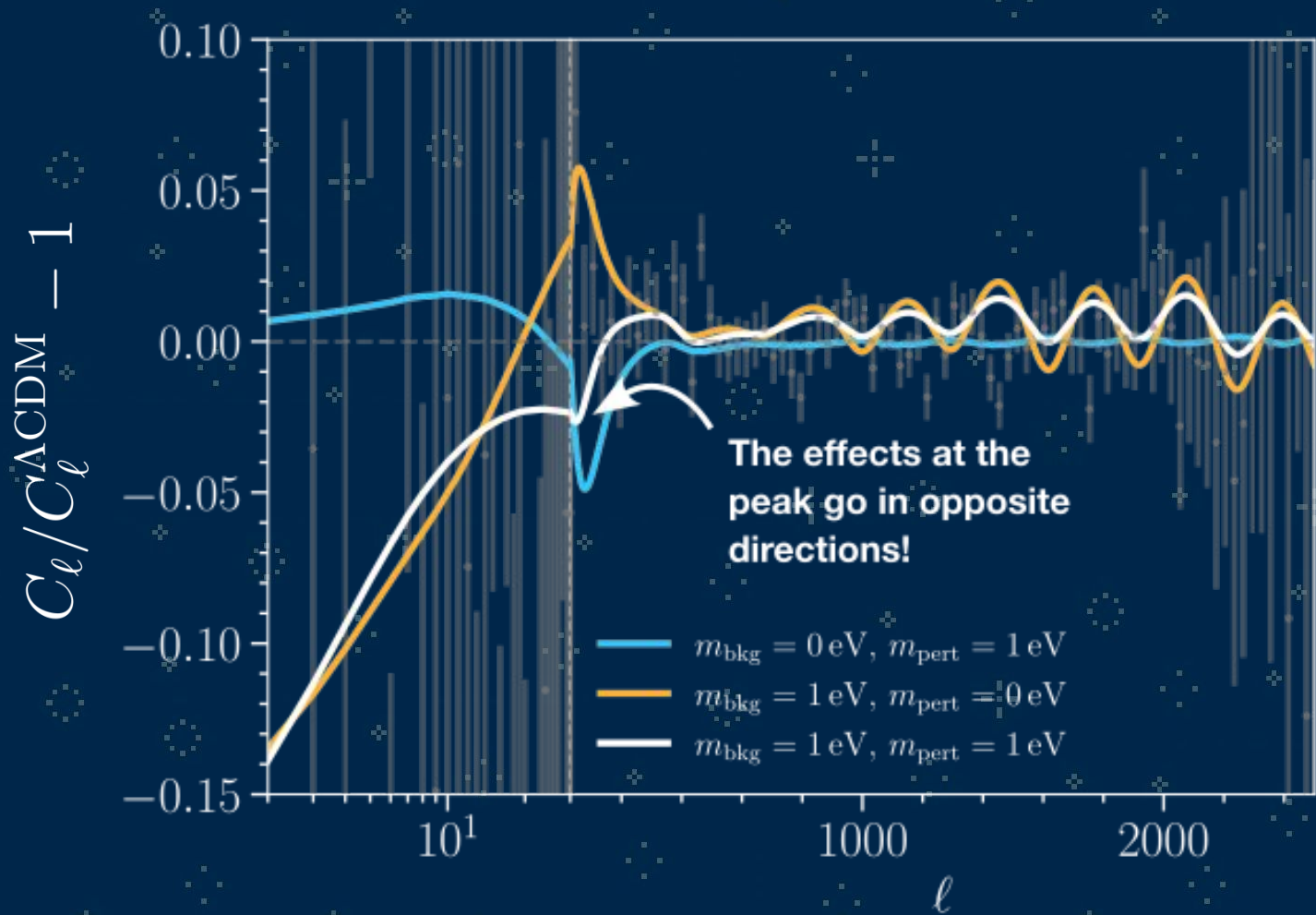


BACKUP:  
MORE THINGS I WOULD  
LOVE TO TELL YOU

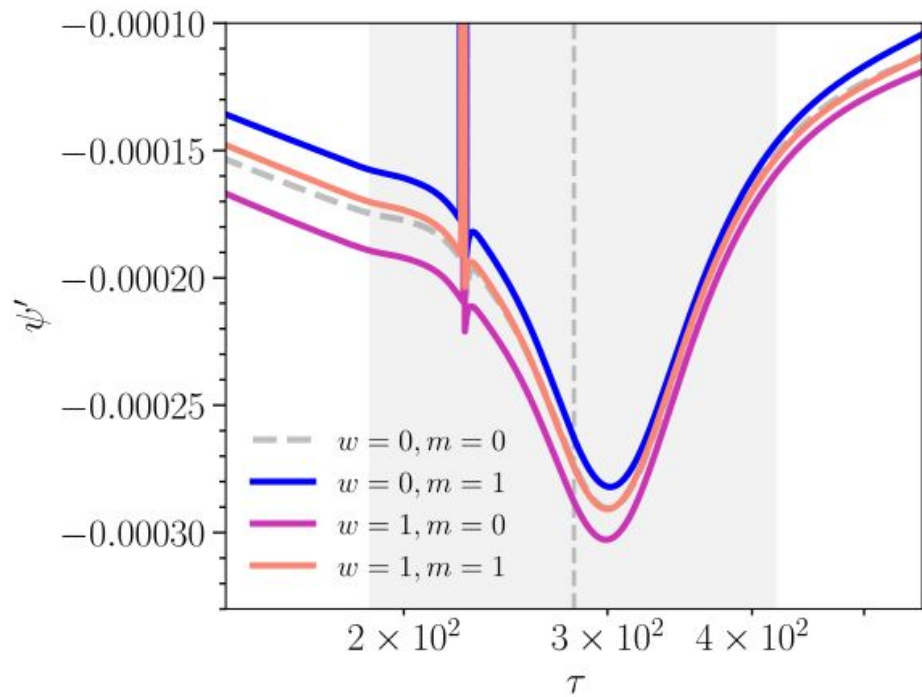
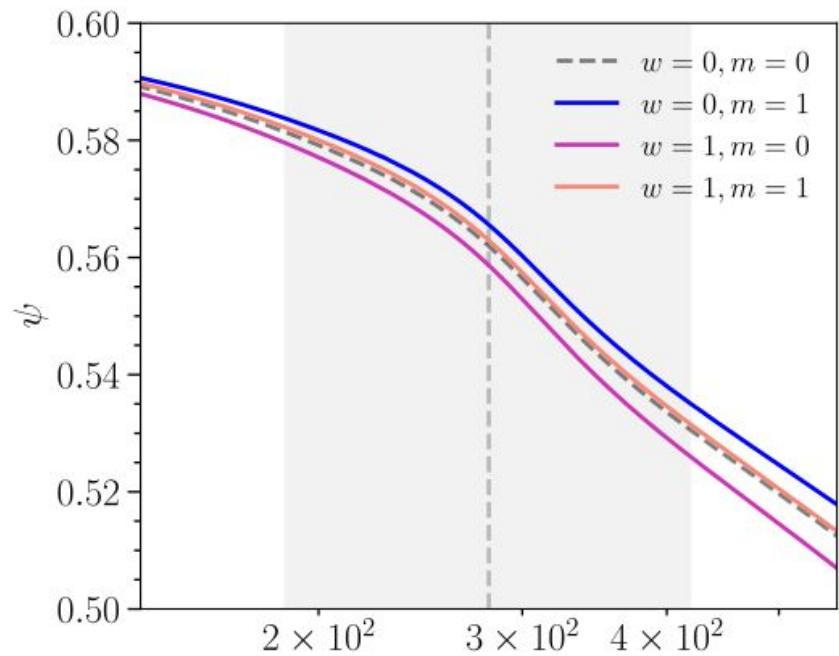




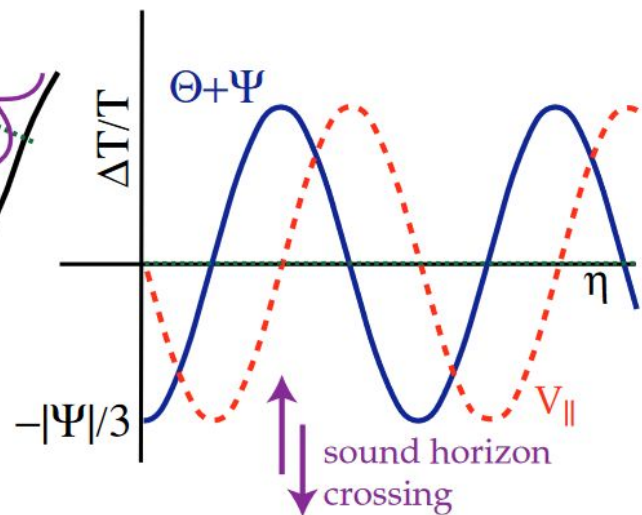
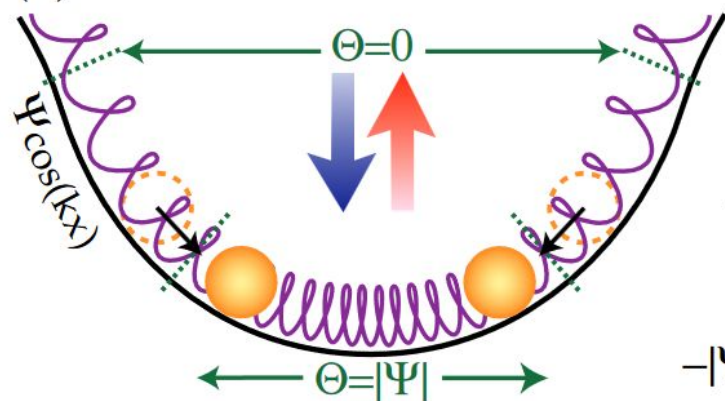




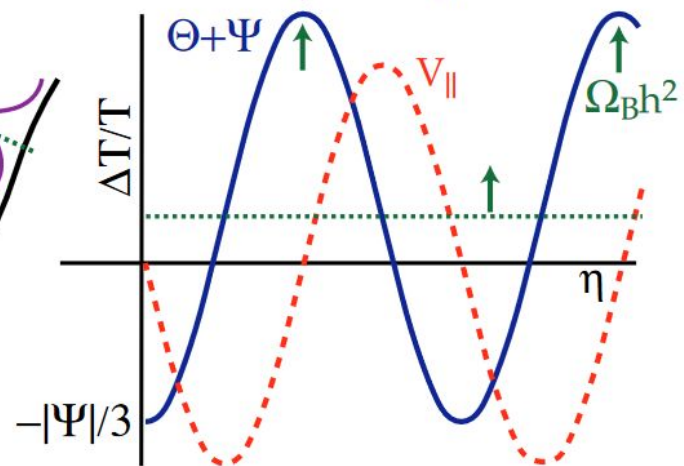
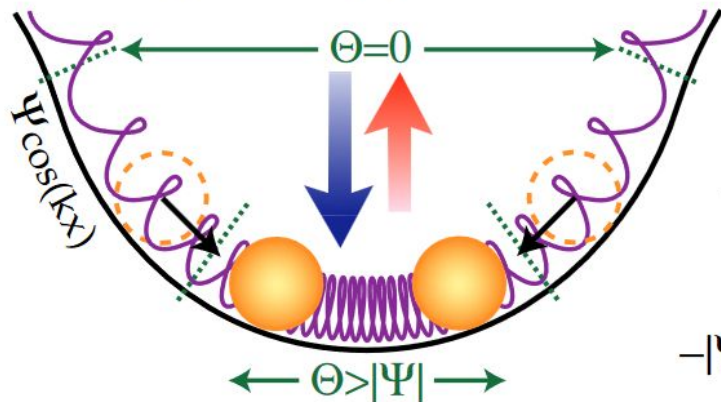




(a) Acoustic Oscillations



(b) Baryon Drag



(a) Adiabatic

